

## SUNDAY

**7:30AM I came to believe**, , 1803 Willow St, New Orleans, LA, 70113 (GM)

**10:30AM Acme Sunday Morning Meditation Group**, Old Crescent Gym, 3101 Erato St., New Orleans, LA, 70125 (O,NS)

**NOON Clean-N-Serene**, The Back Porch, Hybrid Meeting (In person and virtual), 414 North New Hampshire, Covington, LA, 70433 (O,BT,HY) *Zoom Mtg ID: 85892224519 PW:201104*

**2:00PM Walking Through the Literature**, Virtual, New Orleans, LA (VM) *Zoom ID 952115244 PW063219*

**5:00PM Together We Can Group**, , New Orleans, LA, 70036 (B,VM) *Zoom Meeting ID 952 115 244 Password 063219*

**5:00PM W.I.R.E.D Women in Recovery Every Day**, The old Crescent Gym, 3101 Erato St, New Orleans, LA, 70125 (C,W)

**6:00PM Recovery and Relapse Group**, St. John Institutional Missionary Baptist Church, 2538 Jackson St., New Orleans, LA, 70131 (O,St,WC,NS,LT)

**6:00PM Spiritual Ninjas**, House of Joy Church, 1510 Lindberd Dr, Slidell, LA, 70458 (O,NS)

**7:00PM Get Real Northshore**, Northshore Catholic Center, 4465 Highway 190 E Service Rd, Covington, LA, 70433 (O)

**7:00PM Living the Program Group**, St Paul The Apostle Church, 6828 Chef Menteur Hwy., New Orleans, LA, 70126 (O)

**7:00PM Men in Narcotics Anonymous**, , 1803 Willow St, New Orleans, LA, 70113 (M)

**7:00PM Serenity**, St. Paul Lutheran Church, 707 West Dakota Street, Hammond, LA, 70401 (O,LT)

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St, Slidell, LA, 70458 (O)

**7:30PM The Category is...Recovery**, Lambda Center, 2nd Floor Upper New Orleans Healing Center, 2372 St. Claude Avenue, Suite 270, New Orleans, LA, 70117 (LGBT,RF,WC,HY) *Open LGBTQ+ Meeting ALL ARE WELCOME*

**8:00PM Keep Your Chair Group**, John Calvin Presbyterian Church, Room 3, 4201 Transcontinental Drive, Metairie, LA, 70006 (O)

**8:00PM New Life Group**, Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)

## MONDAY

**6:30AM What a Way to Start a Day**, , Phone 662-770-1523 access code: 299757#, New Orleans, LA, 70032 (VM) *Phone 662-770-1523 access code: 299757#*

**7:00AM Laying the Foundation Morning Meditation #1**, In little house right next to First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday, 1803 Willow Street, New Orleans, LA, 70113 (O)

**7:00AM Laying the Foundation Morning Meditation Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) *Meeting ID: 159 856 705 - Password: 2666695*

**NOON Giving it Away Group**, N. Derbigny and Eysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny St., New Orleans, LA, 70117 (O,NS)

**3:00PM Recovery @ Random Group**, , New Orleans, LA, 70032 (VM) *Zoom Meeting ID: 428 066 2252 PW 575754*

**5:00PM Together We Can Group**, , New Orleans, LA, 70036 (B,VM) *Zoom Meeting ID 952 115 244 Passsword 063219*

**6:30PM A New Life**, , 308 US Hwy 90, Waveland, MS, 39576 (O)

**7:00PM Freedom to Change**, , Slidell, LA, 70458 (W,VM) *Zoom Mtg ID: 7164399011 PW: Freedom*

**7:00PM Get Real Northshore**, St. Timothy Church, Room #102, 335 Asbury Dr, Mandeville, LA, 70471 (O)

**7:00PM New Life Group**, Westside Emmanuel BC, 1107 West 9th St., Bogalusa, LA, 70427 (O,D)

**7:30PM Conscious Contact**, Metairie Ridge Presbyterian Church, 215 Phosphor Ave., Metairie, LA, 70005 (O,NS)

**7:30PM Lifetime Group**, All Saints Episcopal Church, 250 W Hickory St, Ponchatoula, LA, 70454 (O,LT)

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St, Slidell, LA, 70458 (O,B,St)

**7:30PM Open Mind Group**, Saint Charles Baptist Church Fellowship Hall, Hybrid, 583 Broadway Street, New Orleans, LA, 70118 (O,HY) *Zoom ID 6992433996 PW 859946*

**8:00PM New Life Group**, Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)

**8:00PM You're Not Alone**, Hunter's Field (NORDC), 1659 N. Claiborne Avenue, New Orleans, LA, 70116 (O,NS)

## TUESDAY

**6:30AM What a Way to Start a Day**, , New Orleans, LA, 70032 (VM) *Phone 662-770-1523 access code: 299757#*

**7:00AM Laying the Foundation Morning Meditation #1**, First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)

**7:00AM Laying the Foundation Morning Meditation Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) *Zoom Meeting ID: 159 856 705 - Password: 266 695*

**NOON Acme Meditation Group**, , New Orleans, LA, 70115 (O,NS,VM) *Zoom Meeting ID 824 678 0223 Password 579421*

**NOON Giving it Away Group**, Derbigny and Elysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbignt St., New Orleans, LA, 70117 (O,NS)

**5:00PM Together We Can Group**, , New Orleans, LA, 70036 (B,VM) *Zoom Meeting ID 952 115 244 Password 063219*

**6:30PM We Do Recover**, St. Margaret Mary Church, Meets in the Evangelization Building, 1050 Robert Blvd, Slidell, LA, 70458 (O)

**7:00PM New Life Group**, Westside Emmanuel BC, 1107 West 9th St., Bogalusa, LA, 70427 (O,D)

**7:00PM Out of the Dark, Into the Light Group**, First Baptist Church, 120 Ormond Blvd, LaPlace, LA, 70068 (O) *Unity Area Louisiana*

**7:00PM Stairway to Life Group**, Calvary Baptist Church, 1002 Talbot Ave, Thibodaux, LA, 70301 (C,WC,NS,LT)

**7:00PM The Category is...Recovery (Get LIT)**, St Paul Lutheran Church, Parking lot accessible from Burgundy St., 2624 Burgundy St., New Orleans, LA, 70117 (O,LGBT,WC,LT) *Open LGBTQ+ Meeting ALL ARE WELCOME*

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St, Slidell, LA, 70458 (O)

**7:30PM Rising Star Group**, The Way Christian Center, 45418 Durbin Rd., Hammond, LA, 70401 (O)

**7:30PM The Manhattan Club Group**, Gateway Recovery Systems, Enter back of Building From parking Lot On Lac Labelle Mask Required to enter the facility., 4103 Lac Couture Dr, Harvey, LA, 70058 (O) *New Orleans Area*

**7:30PM What Can I Do Group**, Aurora Methodist Church, Please bring a mask with you!, 3301 Eton St., Algiers, LA, 70131 (O)

**8:00PM After the Storm Group**, Corpus Christi Community Center, Cafeteria - Masks required - Please bring one with you, 2022 St Bernard Ave, New Orleans, LA, 70116 (O,NS)

**8:00PM Clean-N-Serene**, The Back Porch, Hybrid Meeting (In person and virtual), 414 North New Hampshire, Covington, LA, 70433 (O,HY) *Zoom Mtg ID: 89438112203 PW:196663*

**8:00PM First Step Group**, St Matthew's United Methodist Church, \*\*Temporarily meeting in the Cottage behind the church\*\*, 6017 Camphor St., Metairie, LA, 70003 (O,SC,NS,LT)

**8:00PM It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043

**8:00PM New Life Group**, , 600 Bull Run Rd., Schriever, LA, 70395 (O,NS)

## WEDNESDAY

**6:30AM What a Way to Start a Day**, , Phone 662-770-1523 access code: 299 757#, New Orleans, LA, 70032 (VM) *Phone 662-770-1523 Access code: 299757#*

**7:00AM Laying the Foundation Morning Meditation #1**, First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)

**7:00AM Laying the Foundation Morning Meditation Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) *Zoom Meeting ID: 159 856 705 - Password: 266 695*

**NOON Acme Meditation Group**, , New Orleans, LA, 70115 (O,NS,VM) *Zoom Meeting ID 824 678 0223 Password 579421*

**NOON Giving it Away Group**, Derbigny and Elysian Fields, Masks required - please bring one with you, 2215 N. Derbigny St, New Orleans, LA, 70117 (O,NS)

**3:00PM Recovery @ Random Group**, , Meeting ID: 428 066 2252 PW 575754, New Orleans, LA, 70032 (VM) *Zoom Meeting ID: 428 066 2252 PW 575754*

**5:00PM Together We Can Group**, , New Orleans, LA, 70036 (B,VM) *Zoom Meeting ID 952 115 244 Password 063219*

**6:30PM A New Life**, Hancock County Library System, 312 US-90, Bay St Louis, MS, 39520 (O)

**7:00PM Get Real Northshore**, Truth 180, 20234 LA-36, Covington, LA, 70433 (O)

**7:00PM Never Alone Never Again**, St Mark's Episcopal Church, In the rear of the church, 3245 Manhattan Blvd, Harvey, LA, 70058 (O,D)

**7:30PM Hardcore NA Group**, John Calvin Presbyterian Church, 4201 Transcontinental Dr., Metairie, LA, 70006 (O,NS)

**8:00PM Flying High Group**, St John's Episcopal Church, 2109 17th St., Kenner, LA, 70062 (O,NS)

**8:00PM New Attitudes**, Open Arms Church, 1340 8th St, Slidell, LA, 70458 (O)

**8:00PM Wednesday Night Literature Study Group**, old Crescent City Gym, Corner S Derbigny - Masks required - Please bring one with you, 3101 Erato Street, New Orleans, LA, 70125 (O,NS,LT)

## THURSDAY

**6:30AM What a Way to Start a Day**, , New Orleans, LA, 70032 (VM) *Phone 662-770-1523 Access code: 299757#*

**7:00AM Laying the Foundation Morning Meditation #1**, First Evangelist Baptist Church, Masks required. Meets Monday thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)

**7:00AM Laying the Foundation Morning Meditation Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) *Zoom Meeting ID: 159 856 705 - Password: 266 695*

**10:00AM New Life Group**, Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)

**NOON Acme Meditation Group**, , New Orleans, LA, 70115 (O,NS,VM) *Zoom Meeting ID 824 678 0223 Password 579421*

**NOON Giving it Away Group**, N. Derbigny and Elysian Fields Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny, New Orleans, LA, 70117 (O,NS)

**3:00PM Recovery @ Random Group**, , New Orleans, LA, 70032 (VM) *Zoom Meeting ID: 428 066 2252 PW 575754*

**5:00PM Together We Can Group**, , New Orleans, LA, 70036 (B,VM) *Zoom Meeting ID 952 115 244 Password 063219*

**6:00PM Spiritual Ninjas**, House of Joy Church, 1510 Lindberd Dr, Slidell, LA, 70458 (O,NS)

**6:30PM Lower 9th Ward Step Study Group**, Andrew "Pete" Sanchez & Copelin-Byrd Multipurpose Center, Corner of Caffin and Nort Claiborne, 1616 Caffin Ave., New Orleans, LA, 70117 (O,St,NS) *2nd Floor*

**7:00PM Second Chance Group**, First United Methodist Church, 800 Duncan Ave, Amite, LA, 70422 (O)

**7:00PM Stairway to Life Group**, Calvary Baptist Church, 1002 Talbot Ave, Thibodaux, LA, 70301 (O,D,WC,NS)

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St, Slidell, LA, 70458 (O)

**8:00PM Clean-N-Serene**, The Back Porch, Hybrid Meeting (In person and virtual), 414 North New Hampshire, Covington, LA, 70433 (O,HY) *Zoom Mtg ID: 89438112203 PW:196663*

**8:00PM End of the Road Group**, St, Paul's Lutheran Church, 2624 Burgundy, New Orleans, LA, 70117 (O,NS) *New Orleans Area*

**8:00PM It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043

**8:00PM New Connections**, , 3901 Tulane Avenue, New Orleans, LA, 70119

**8:00PM Survivors Group**, Munholland United Methodist Church, 1201 Metairie Rd., Metairie, LA, 70005 (NS)

## FRIDAY

**6:30AM What a Way to Start a Day**, , New Orleans, LA,  
70032 (VM) Phone 662-770-1523 Access code: 299757#

**7:00AM Laying the Foundation Morning Meditation #1,**  
First Evangelist Baptist Church, Masks required. Meets Monday  
thru Saturday., 1801 Willow Street, New Orleans, LA, 70113 (O)

**7:00AM Laying the Foundation Morning Meditation**  
**Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) Zoom Meeting ID: 159 856 705 - Password: 266 695

**9:00AM Awaken Spirituality(Virtual)**, , New Orleans, LA,  
70119 (O,D,VM) Zoom ID: 853 175 707, Passcode: 063008

**NOON Acme Meditation Group**, , New Orleans, LA, 70115  
(O,NS,VM) Zoom Meeting ID 8244 678 0223 PW 579421

**NOON Giving it Away Group**, N. Derbigny and Elysian Fields, Behind the Club, Masks required - please bring one with you, 2215 N. Derbigny, New Orleans, LA, 70117 (O,NS)

**3:00PM Recovery @ Random Group**, , Meeting ID: 428 066  
2252, New Orleans, LA, 70032 (VM) *Zoom Meeting ID: 428 066*  
2252 PW 575754

**5:00PM Together We Can Group, , New Orleans, LA, 70036**  
(B,VM) Zoom Meeting ID 952 115 244 Password 063219

**7:00PM Honest Sharing Group**, Saint Mark's Episcopal Church, Enter in back through glass doors., 3245 Manhattan Blvd, Harvey, LA, 70058 (O,To,WC)

**7:00PM New Life Group**, Westside Emmanuel BC, 1107 West 9th St., Bogalusa, LA, 70427 (O,D)

**7:30PM Freedom Friday**, Good Shepherd United Church of Christ, 5122 West Esplanade Avenue, Metairie, LA, 70006 (O,NS)

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St,  
Slidell, LA, 70458 (O)

**7:30PM Rising Star Group**, The Way Christian Center, 45418 Durbin Rd., Hammond, LA, 70401 (O)

**7:30PM S N R P = Spiritual Not Religious Program, St. Paul Lutheran Church, 2624 Burgundy Street, New Orleans, LA, 70117 (O) \*\*\*Group is not meeting on Christmas Eve\*\*\***

**8:00PM Foglifters Group**, First Unitarian Universalist Church,  
1803 Willow St, New Orleans, LA, 70113 (C,NS)

**8:00PM Just for Today Group**, Volunteers of America, Room 123 - Masks required - Please bring one with you, 3901 Tulane Avenue, New Orleans, LA, 70119 (O)

**8:00PM New Life Group**, Easy Does It Club, Enter from parking lot on Mulberry Road, 111 Munson Dr., Houma, LA, 70360 (O,NS)

## SATURDAY

**7:00AM Laying the Foundation Morning Meditation #1,**  
First Evangelist Baptist Church, Masks required. Meets Monday  
thru Saturday., 1801 Willow Street, New Orleans, LA. 70113 (O)

**7:00AM Laying the Foundation Morning Meditation**  
**Virtual**, , Also has separate in-person meeting at same time. Not simulcast. (Laying Foundation Meditation #1), New Orleans, LA, 70113 (O,VM) *Zoom Meeting ID: 159 856 705 - Password: 266 695*

**11:00AM Experience Strength & Hope**, , Masks required to enter facility., 1799 Stumpf, Terrytown, LA, 70056 (O)

**11:00AM Saturday Morning Literature Study**, , Located in white shotgun house next to First Evangeline Baptist Church (1801 Willow St.), 1803 Willow St, New Orleans, LA, 70113 (O,NS,LT) *New Orleans Area*

**2:00PM Walking Through the Literature**, Virtual, New Orleans, LA (VM) Zoom ID 952115244 PW063219

**5:00PM Second Chance**, First Evangelist Baptist Church, 1801 Willow, New Orleans, LA, 70113 (O)

**5:00PM Together We Can Group, , New Orleans, LA, 70036**  
(B,VM) Zoom Meeting ID 952 115 244 Password 063219

**6:00PM One More Shot**, Bethany Church, 414 Barrow St., Houma, LA, 70360

**7:00PM Any Addict**, Kingdom Life Ministries Church, 935 Westbank Expressway, Gretna, LA, 70053 (O)

**7:00PM It Works**, Gethsemane Lutheran Church, 2825 Paris Rd., Chalmette, LA, 70043

**7:00PM Stairway to Life Group**, Calvary Baptist Church,  
1002 Talbot Ave, Thibodaux, LA, 70301 (C,WC,NS,LT)

**7:30PM Just for Today**, John Calvin Presbyterian Church, 4201 Transcontinental Dr., Metairie, LA, 70006 (O,NS)

**7:30PM Lifetime Group**, All Saints Episcopal Church, 250 W Hickory St, Ponchatoula, LA, 70454 (O)

**7:30PM New Attitudes**, Open Arms Church, 1340 8th St,  
Slidell, LA, 70458 (O)

LT	Literature Study	B	Beginners
BT	Basic Text	C	Closed
D	Discussion	M	Men
O	Open	RF	Rotating Format
SC	Security Cameras	St	Step
To	Topic	W	Women
WC	Wheelchair	NS	No Smoking
LGBT	Lesbian,Gay,Bisexual,Transgender	VM	Virtual Meeting- Online/Phone
HY	Hybrid	GM	Guided Meditation

## PHONE NUMBERS

[illegible]

**Suggestions:**

- Don't Use! No Matter What!
- Attend Meetings Regularly
- 90 meetings in 90 days
- Get some N.A. Literature and read it
- Avoid people & places with/where you used
- Get and Use a Sponsor
- Before using, call someone in N.A.
- Keep coming back! It works!

"Who is an Addict", "What is the Narcotics Anonymous Program?", "Why are We Here?", "How It Works", "The Twelve Traditions of NA", "Just For Today", & "We Do Recover" are all Reprinted from the Little White Booklet, Narcotics Anonymous. © 1986 by Narcotics Anonymous World Services, Inc., PO Box 9999, Van Nuys, CA 91409 -- all rights reserved.



**New Orleans & Surrounding  
Parishes  
MEETING LIST  
JANUARY 2026  
LOUISIANA REGION 24 HOUR  
HELPLINE  
1-585-DONT-USE**



Louisiana Region Website:  
**<https://larna.org>**  
Meetings Weekly: 115