

NA Meeting Format

Hello, I'm an addict and my name is _____. Welcome to the _____ group of Narcotics Anonymous. Can we open this meeting with a moment of silence for the addict who still suffers, followed by the WE version of the Serenity Prayer.

Serenity Prayer:

"God grant us the serenity
To accept the things we cannot change;
Courage to change the things we can;
And wisdom to know the difference."

Is there anyone here attending their first NA meeting, or this meeting for the first time? If so, WELCOME! You are the most important people here!

For the protection of our group as well as the meeting facility, we ask that you have no drugs or paraphernalia on your person at the meeting. If you have any now, please leave, dispose of them, and return as quickly as possible.

Recognize those with various periods of clean time—thirty, sixty, ninety days, six months, nine months, one year, eighteen months, and multiple years. Keytags, chips, or medallions may be given out.

Will someone please read:

- a) Who Is an Addict?
- b) What Is the NA Program?
- c) Why Are We Here
- d) How it Works
- e) The Twelve Traditions
- f) We Do Recover
- g) Today's JFT (book)*

* from "Just for Today: Daily Meditations for Recovering Addicts", www.jftna.org/jft/ or OK to skip if no book and no internet,

The meeting is now open for discussion. Does anyone have a topic? Like to share on something from the readings, or just have a burning desire to share?

About ten minutes before the meeting is scheduled to close begin passing the basket around, announcing:

The basket being passed around is one way of practicing our Seventh Tradition, which says, "Every NA group ought to be fully self supporting, declining outside contributions." The money we collect pays for rent, literature, and refreshments.

Will someone please read:

- h) Just for Today (reading)

Are there any NA related announcements?

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities -- so who you see here, what you hear here, when you leave here let it stay here. Close by forming a circle and reciting the WE version of the 3rd Step Prayer:

Many of us have said:
"Take our will and our lives
Guide us in our recovery
Show us how to live"

Keep coming back. It works!