

Meeting Format

Hello, I'm an addict and my name is _____. Welcome to the _____ Group of Narcotics Anonymous. Can we open this meeting with a moment of silence for the addict who still suffers, followed by the WE version of the Serenity Prayer.

Serenity Prayer:

“God grant us the serenity
To accept the things we cannot change;
Courage to change the things we can;
And wisdom to know the difference.”

Is there anyone here attending their first NA meeting or this meeting for the first time? If so, WELCOME! You are the most important people here!

Please silence or turn off your cell phones or other electronic devices and we ask that you not text or talk on your phone during the meeting. If you must take a call we ask that you step out and return when you have finished your call.

For the protection of our group as well as the meeting facility, we ask that you have no drugs or paraphernalia on your person at the meeting. If you have any now, please leave, dispose of them, and return as quickly as possible. If you have used today we ask that you just listen and talk with someone after the meeting.

We now recognize those with various periods of clean time — 29 seconds to 29 days? Thirty days? Sixty days? ninety days? six months? nine months? one year? eighteen months? and multiple years. (Keytags, chips, or medallions may be given out.)

Will someone please read:

[Who Is an Addict?](#)

[What Is the NA Program?](#)

[Why Are We Here](#)

[How it Works](#)

[The Twelve Traditions](#)

[We Do Recover](#)

[Today's JFT \(book\)](#)

The meeting is now open for discussion. If you have used today we ask that you do not share and get with someone after the meeting. Please restrict your sharing to three to five minutes until everyone has had a chance to share, then you may share again. We ask that you respect yourself as well as others by refraining from cross-talking or having conversations with others during the meeting.

(over)

If you must have a conversation with someone please step out and you are welcome to come back in after you have finished.

Does anyone have a topic? Like to share on something from the readings, or just have a burning desire to share?

About ten minutes before the meeting is scheduled to close begin passing the basket around, announcing:

The basket being passed around is one way of practicing our Seventh Tradition, which states:

“Every NA group ought to be fully self supporting, declining outside contributions.” The money we collect pays for rent, literature, and refreshments.

Will someone please read:

[Just for Today \(reading\)](#)

Are there any NA related announcements?

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities — ***SO WHO YOU SEE HERE, WHAT YOU HEAR HERE, WHEN YOU LEAVE HERE LET IT STAY HERE!!***

Close by forming a circle and reciting the WE version of the 3rd Step Prayer:

Many of us have said:

“Take our will and our lives
Guide us in our recovery
Show us how to live”

Keep coming back. It works!